Redesign and upcycling – a solution for the competitiveness of small and medium-sized enterprises in the clothing industry

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INTRODUCTION

The textile and clothing sector in Romania is one of the key industrial sectors. The sector accounts for providing employment to a large labor force in the country. It creates employment for 137000 employees and it contributes for about 11% of the Romanian's export revenues, at the second place after automotive industry, who held 40%. Despite being rated among the top European exporters of textiles, over the past years, the Romanian textile and clothing industry has become less competitive in the global marketplace [1]. There are many reasons for this, including the liberalizing policies of the EU and WTO, the low profitability as well as the intense competition from low cost producing countries. Romania’s competitive advantage in clothing industry, reported to the European one, is mainly due to low-cost labour force. The clothing industry is considered to be one of the most labour intensive industry that focuses on creating, designing, manufacturing, marketing, consuming, supplying chain, trading and many other components of clothing, and its accessories as a whole. Considering this, labour costs have a major impact on the competitiveness in this market and their continued growth has negatively influenced Romanian competitiveness. Due to the concurrent factors impacting the clothing industry, Romanian producers can no longer compete based on cost alone. Managers of the companies in clothing industries face major challenges to deal with the frequent problems that arise from ever changing operating conditions. They also have faced sophisticated strategic challenges that have to be addressed successfully if
the firm will survive [2]. Under pressure of various unfavorable conjectural factors, Romanian clothing industry has traveled a restructuring period forced by the defensive adaptation type and characterized by reducing the market share and attempting to increase the productivity.

Clothing companies with strong domestic production, like Romanians, will need to rethink their strategies to focus on high value added activities, taking into account and embracing the new paradigm of circular economy and decreasing the production losses to be capable of improving their industrial competitiveness with trade balance and increase in productivity. Products with high added value can be achieved using advanced technologies or in the fashion sector through increased creativity and design that incorporate efficiently methods so as to minimize waste.

**The objectives of the study**

To address the purpose of the study and examine how small and medium-sized enterprises (SMEs) in the clothing industry can achieve a competitive advantage, the following objectives are proposed:

1. Analyze theoretical backgrounds and meanings of sustainability, competitiveness and competitive advantage.
2. Examine how clothing industry is affected by the ecological issues.
3. Examine how redesign and recycle can be a solution for the competitiveness of small and medium-sized enterprises (SMEs).

**Findings**

1. Sustainable production can be a way of gaining a competitive advantage. This strategy can be successful by integrating the vertical value chain by strengthening the creative department, fashion design, and involvement in marketing and sales.
2. In the clothing industry, the strategy of integrating design and retail can lead to a more flexible design process and therefore, in an increased product performance.

**Originality/value**

The paper opens a new field of research applicable to small and medium enterprises in the clothing industry, namely, the focus on new product design by increasing the efficiency of fabric use and recycling and forming a value chain perspective that concentrates on downstream in the chain.

**THEORETICAL BACKGROUND:**

**COMPETITIVENESS, COMPETITIVE ADVANTAGE AND SUSTAINABILITY**

Competitiveness can be assessed at different levels of aggregation: firm, industry, and country. Firm level analysis focuses on behaviours and performance of firms: using profitability, costs, productivity and market share as indicators of competitiveness.

The literature on competitiveness indicates that the most feasible response is to ‘upgrade’ – to make better products, to produce them more efficiently or move into more skilled activities [3]. According to Porter (1990), competitiveness can be measured on the basis of productivity. Today, beyond financial or market-based indicators, performance should be measured in terms of how an organization manages its critical success factors like innovativeness, quality, ethical and ecological standing, social responsibility [4–6].

According to the generally established view of competitive process, a firm’s performance is influenced by its competitive advantages. In its turn, the nature of such advantage results in one or more specific sources of competitive advantage which a firm controls. Concept of competitive advantage has a long tradition in the strategic management literature. Competitive advantage is a set of unique features of a company and its products that are perceived by the target market as significant and superior to the competition. Porter (1985) states that there are, in general, only two possible competitive advantages a firm may possess, a cost advantage or a differentiation advantage [7]. However, positive competitive outcomes can only be obtained by matching competitive strategy to available resources: for example, exceptional creative or scientific talent is useful for innovative differentiation, and economical production cost structures are needed to support sustained cost leadership [8].

In gaining competitive advantage, companies must develop new resources, capabilities, and activities because of the scarcity of natural resources [9]. Sustainability is not only instituting pollution controls or recycling programs when manufacturing products but it is about minimizing the harmful impact of the manufacturing processes on the environment at every stage, and it also brings new challenges to the companies, being a source of creativity and innovation.

Sustainability, as a business process, is the basis for low cost business strategies that include efficiency in every aspect of the planning process [10]. Ecological sustainability focuses on profitability through environmentally friendly operating processes. These processes may constitute a key basis for competitive advantage in the near future.

Managers begin to realize the fact that a large number of consumers prefer eco-friendly offerings, and that their businesses can score over rivals by being the first to redesign existing products or create new ones. To completely assume ecological production and its benefits, a company should adopt environmentally friendly policies and practices in the entire supply chain. In the design phase, it should use more eco-friendly products, planning for reuse and recycling: “Products, processes, and systems should be designed for performance in a commercial afterlife [11]. The manufacturing process needs to be more efficient, planning for optimum use of material and for reduction in waste production.

The literature has acknowledged the value of ecological sustainability and the internal capability of firms...
for its success. Several studies have been conducted in the past to investigate the impact of sustainable production on the overall organizational performance, financial rewards and competitiveness [12–13]. The nature of competition has changed due to the search for sustainability. Therefore, companies that are aware of this changing environment and set the sustainability as their mission will enjoy the advantages of first movers [14]. Practicing environmental sustainability encourages companies to look for new processes, technologies and introduce new products in order to overcome the challenges.

ECOLOGICAL ISSUES IN THE CLOTHING INDUSTRY

Growing competition in the clothing industry has forced companies to have serious attention towards the sustainability concept. For apparel manufacturers, involving in a sustainable production, finding and nurturing a competitive advantage through this can mean not only survival but also increased profit that can be successful in the long term.

In recent years, industrial development has achieved environmental improvements and has moved towards a smaller environmental impact. However, at the same time, production as well as consumption has increased by the same levels, which erodes the environmental benefits of the technological advances, i.e. the rebound effect [15]. Eco-materials and eco-efficiency have been top subjects that concern the textile industry in recent years. The strategy to waste management must give priority in the first place the prevention, in the second place recycling, reusing and revalorization and finally dispose waste. The clothing industry needs to find imaginative solutions to produce environmental improvements. The increasing amount of textile and clothing waste has led to the necessity of development of methods using the textile waste, i.e. reuse, recycling or redesign [16]. McDonough and Braungart, creators of the cradle to cradle concept, have advocated radical design innovations for perpetually circular material reuse [17–18]. Upcycling is one of the most sustainable circular solutions in the waste hierarchy, positioned between reuse and recycling, since upcycling typically requires little energy input and can eliminate the need for a new product [19]. Moreover, at the beginning of the 21st century, several designers have made use of the concept of reuse and redesign in designing trendy products.

Reuse and recycling of materials, such as old clothes, manufacturing scraps and unsold items can be the material of sustainable fashion [20]. In contrast to reusing or recycling, upcycling uses available fabrics, clothes or other items to improve upon the original ones. McDonough and Braungart offers a broad definition claiming that upcycling is “optimizing the materials, ingredients, and process pathways in such a way that waste is converted to raw materials for nature or some other industry” [21]. Murray (2002) [22] describes it as “not merely conserving the resources that went into the production of particular materials, but adding to the value embodied in them by the application of knowledge in the course of their recirculation. So, if one can add value – economic, intellectual, emotional, material – to a product through the process of reuse, it can be called ‘upcycled’” [23].

AN UPCYCLING SOLUTION FOR THE MASS PRODUCTION

Given the specificity of the products of clothing, usually upcycling in design and production has mostly been applied to unique products or for very small series by tailors or by small-scale fashion textile companies. Our aim is to apply upcycling in mass production more widely and find solutions for companies interested in finding a more environmentally sustainable solution to their textile waste problems. In order to implement the upcycling method, it is important to have an overview of the textile waste available because this is what dictates the item of clothing that can be created. By and large, textile waste can be divided into three groups: pre-consumer waste, production waste and post-consumer waste. All these types of textile waste can be used in fashion design. Each, however, requires a different technique when used as an input material.

In this case, more approaches can be distinguished: the textile waste is used by the company that produces it (as production waste or pre-consumer waste) or the input material is obtained from other manufacturers.

For our example, we use the production waste because the input material for the production process is scraps from the apparel industry, which are generally small-sized, meaning that up to 25% of the material (depending on fabric design or proposed model) is wasted. Among the various processes of clothing production, cutting is the major area where fabric waste is generated. Proper investigation of the fabric losses during the cutting process can help the management to minimize material wastage. During the cutting process, two types of fabric losses occur, namely, marking loss and spreading loss. The marking loss arises due to the gap and the non-usable areas at places between the pattern pieces of a marker. Marker efficiency indicates the amount of marking loss. Spreading loss is the fabric loss outside the marker. The various fabric losses outside the marker can be broadly classified into different groups, namely ends of ply losses, ends of piece ticket length losses, etc. [24]. The waste is within the company so they don’t have to be transported, stored, etc., the cutting efficiency is high because the material is placed in the batch and for their processing is not necessary additional investments.
For the purpose of our paper, we prefer to present a solution to a real problem proposed by a company in Bihor County. The order which the company from Oradea has received was a lot of production of men’s pants made of corduroy (model of figure 1), for which cutting efficiency accepted by the beneficiary was 60%.

In order to solve the problem, we adopted two sets of measures: The first step we used was to minimize the fabric wastage so as to prepare the most efficient marker. The marker efficiency is usually influenced by the fabric characteristics (differences in face and back, lengthwise directionality, crosswise symmetry, need for matching the fabric design, length of design repeat, and fabric width); shapes of pattern pieces, fabric utilization standards and marker quality [25]. Efficiency of marker depends on how tightly the pattern pieces are fit together in the marker. Here, total surface area of the pattern pieces is compared to the total area of the marker for calculating the percentage of fabric that is used.

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At first, with the help by the CAD system Gemini Nest Expert software, pattern for 36, 38 and 40 size has been made. The marker width is 1,520 m and marker length is 3,383 m. To increase the fabric utilization percentage we use three garment sizes in the same marker and include in the marker both large and small pieces. Smaller pieces can often be nested with larger pieces. Grain line markings determine the placement of the pattern relative to the warp yarns in woven or wales in knit fabrics. Pattern for different parts of the 36, 38 and 40 size of the corduroy trousers has been shown in figure 2. The area of each pattern piece is determined by the computer. The area in between the pattern pieces, which is not used by garment parts, is waste.

Because of the above-mentioned restrictions, even if we provided a combined framing of several small sizes 36, 38, 40, we could not get a higher efficiency of 63.85%, which are within the limits imposed by the customer (60%), but is unsatisfactory in terms of the high amount of waste.

Further, to use the remains fabric that covers the area in between the trousers pattern pieces, we have created a new product, a skirt design (figure 3), that diminishes and upcycled the production waste results in the production of corduroy trousers. For to reduce % waste, which in this case would be 36.15%, we made a new marker in which we put in the same area the parts of skirt – size 34 – skirt made of many small parts – figure 3.

By introducing a new product in the presented marker, we managed to increase the marker efficiency from 63.85% to 75.64%. Moreover, after marketing the new product, the economic efficiency of the firm increases. As the fabric is the major raw material in a garment, the saving of very little amount of fabric per garment or reuse is efficient and it can also save money, which can increase the profit of the company substantially.
If in the free spaces that remained after fitting the parts from initial order (trousers in our case) not all the parts of the skirt can be fitted (as shown in the figure 4) they may be placed on another marker that will serve for cutting the parts of some products made of the same material or another one compatible with the first thus obtaining an increase of fitting efficiency.

**CONCLUSION**

This study provides useful solutions for understanding the product development processes for fashion to rethink, reuse or upcycled the waste in the productions stage. Reduction of the waste and the making the new products does not require too much effort and expenditure. However, it is necessary that small and medium enterprises should consider the following:

- They must be concerned about modernization and purchasing suitable software,
- They have to encourage the creative activity by employing fashion designers who are able to create new models and make different combinations of materials,
- They have to pursue the market and promote their own products through a marketing policy that attract eco-sensitive customers.

Moreover, the company will reduce waste management costs which can be reflected in the sale price of the company products or in the company profit. Other benefits could result from the company’s image – who can promote eco-friendly products and thus they can win additional market shares – knowing that today more and more buyers are sensitive to environmental issues.

Starting or shifting to this new business offers a potential economic benefit of upcycling. Alongside the economic benefits, managers have to realise the importance of the effective implementation of environmental strategies as a critical factor for becoming competitive in the global market in the future. The companies can create and propose more imaginative, courageous fashion using sustainable materials. Sustainable production can be a way of gaining a competitive advantage. In the clothing industry, the strategy of integrating design and retail can lead to a more flexible design process and, therefore, in an increased product performance.

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